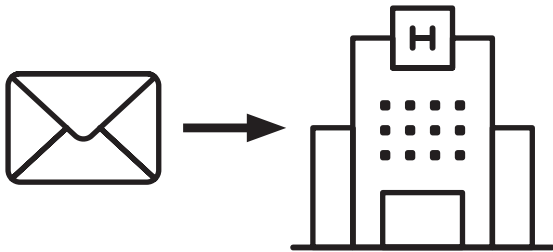


# How to contact a loved one during Visitor Restrictions

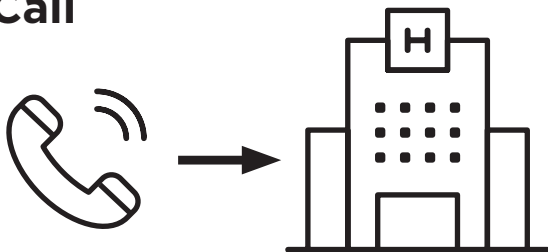
Restrictions are critical to keep our patients and community safe.  
We want to help you connect with your loved one.

## Deliver letters and pictures to the hospital



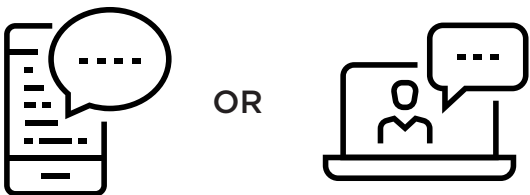
- Call **OPERATOR** and ask for unit + room number
- Add the patient name + unit + room number to envelope
- Send through U.S. mail or drop in the collection bin at the front entrance of the hospital

## Call



- Call **OPERATOR** and ask for unit + room number
- Provide the patient name
- Ask to be connected to the patient's room

## Texting or video chat (if available)



- Patient must have a phone or device with this ability. (Not provided by hospital)



**How do I contact my loved one?** Call the Hospital with the patient name to identify their unit, room and patient phone number.

St. Johns .....651-232-7000  
St. Joes.....651-232-3000  
Bethesda .....651-232-2000  
Woodwinds .....651-232-0100  
Northland .....763-389-1313  
UMMC East Bank.....612-273-3000

UMMC West Bank .....612-672-6000  
Southdale.....952-924-5000  
Ridges.....952-892-2000  
Lakes.....651-982-7000  
Masonic Children's....612-365-1000

