



A recent Harvard Business School survey found that 3 out of 4 (73%) employees reported having some type of current caregiving responsibility.

# **Caregiver Assurance**<sup>™</sup>

There for your employees, so they can be there for your customers.

### WHAT A PRIVILEGE IT IS TO CARE FOR A LOVED ONE

Taking care of a loved one who is ill, disabled or aging can be difficult and stressful, especially in light of life's other demands – career, relationships, and family. Employees with family caregiving responsibilities may be more distracted at work, be less productive and have higher absenteeism.

At M Health Fairview we have a special appreciation for family care partners, especially those who have work responsibilities. We understand that providing care to a loved one can be challenging, but with the right support and guidance can be rewarding.

That's why we created Caregiver Assurance—an ongoing telephonic support service designed to take care of your employees' wellbeing and support their caregiving needs as they take care of their loved ones.

Caregiver Assurance promises to make your employee's caregiving journey easier — and less stressful — allowing them to remain at work and be productive and engaged.

## DESIGNED TO REDUCE EMPLOYEE STRESS AND MAKE THEIR CAREGIVING DUTIES MORE MANAGEABLE

Our program provides employees with expert guidance from a counselor experienced in supporting caregiver needs. Their Caregiver Advisor will be dedicated to them so that they better understand the employee's unique situation and can plan for the future.

Caregiver Advisors are trained in aging services and caregiver support. They'll help your employees cope with all types of challenges—emotional, financial, legal or physical. Whether they're experiencing a lack of sleep, family stress, healthcare questions, or financial or work challenges, their advisor is there to support them.

mhealthfairview.org



# As a Caregiver Assurance member, your employees will enjoy the following benefits



AFFORDABLE SUPPORT— VALUABLE BENEFITS.

As a Caregiver Assurance member your employees will receive a valuable benefit that allows them to better manage their family, work and caregiving responsibilities.

They can speak with their advisor as little or as often as they need. This will give them peace of mind knowing they will never be alone and you will be able to attract and retain your best talent.



#### PREPARING FOR THE FUTURE MAY INCLUDE CREATING A LONG TERM CARE PLAN.

We offer a comprehensive suite of services including a personal evaluation of your employee's own wellbeing needs, and, if they request it, a family care conference to facilitate understanding and acceptance of the long term plan.

The goal will be to provide them with recommendations that help their family avoid crisis decision-making and prepare for the future.



A DEDICATED, EXPERT ADVISOR.

Your employees can reach out to their dedicated advisor as often as needed, helping relieve their stress and concerns while they provide valuable information, expert guidance, and resources.



#### ACCESS TO OUR EXTENSIVE COMMUNITY RESOURCE NETWORK.

The caregiver advisor will provide valuable assistance and resource referrals to employees using the M Health Fairview extensive network of no- and low-cost community services.



#### TRUSTED ADVICE THAT WILL HELP EMPLOYEES MAKE TOUGH DECISIONS.

Employees will be able to make well informed decisions with the expert guidance and know-how from their advisor.

#### M HEALTH FAIRVIEW CAREGIVERASSURANCE

FOR MORE INFORMATION: 612-672-2020 Email: site-wellbeing-products@fairview.org Visit fairview.org