

Below is a list of patient instructions that are available at <https://www.fairview.org/services/laboratory-services/healtheast-reference-manual>

If you have questions, please contact HealthEast Medical Laboratory customer service at 651-232-3500, option 5.

Instructions in English:

- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Stool Collection Instructions for Norovirus Group I and II
- Timed Fecal Collection Instructions
- Instructions for 100 Gram Fat Test Diet
- Timed Urine Collection Instructions
- Urine Collection Instructions
- Pinworm Collection Instructions

Instructions in Hmong:

- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Urine Collection Instructions
- Urine Collection Instructions

Instructions in Spanish:

- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Urine Collection Instructions
- Urine Collection Instructions

Instructions in Somali:

- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Urine Collection Instructions
- Urine Collection Instructions

Instructions in Karen:

Cortisol, Saliva Collection Instructions

Semen Analysis Collection Instructions

Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs

Stool Culture Collection Instructions

Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions

Timed Urine Collection Instructions

Urine Collection Instructions