Below is a list of patient instructions that are available at
https://www.fairview.org/services/laboratory-services/healtheast-reference-manual

If you have questions, please contact HealthEast Medical Laboratory customer service at 651-232-3500, option 5.

Instructions in English:
- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Stool Collection Instructions for Norovirus Group I and II
- Timed Fecal Collection Instructions
- Instructions for 100 Gram Fat Test Diet
- Timed Urine Collection Instructions
- Urine Collection Instructions
- Pinworm Collection Instructions

Instructions in Hmong:
- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Urine Collection Instructions
- Urine Collection Instructions

Instructions in Spanish:
- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Urine Collection Instructions
- Urine Collection Instructions

Instructions in Somali:
- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Urine Collection Instructions
- Urine Collection Instructions
Instructions in Karen:
Cortisol, Saliva Collection Instructions
Semen Analysis Collection Instructions
Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
Stool Culture Collection Instructions
Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
Timed Urine Collection Instructions
Urine Collection Instructions