Below is a list of patient instructions that are available at [www.healtheast.org/hml](http://www.healtheast.org/hml)

If you have questions, please contact HealthEast Medical Laboratory customer service at 651-232-3500, option 5.

**Instructions in English:**
- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Sputum for Cytology
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Fecal Collection Instructions
- Instructions for 100 Gram Fat Test Diet
- Timed Urine Collection Instructions
- Urine Collection Instructions
- Pinworm Collection Instructions

**Instructions in Hmong:**
- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Sputum for Cytology
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Urine Collection Instructions
- Urine Collection Instructions

**Instructions in Spanish:**
- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Sputum for Cytology
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Urine Collection Instructions
- Urine Collection Instructions

**Instructions in Somali:**
- Cortisol, Saliva Collection Instructions
- Semen Analysis Collection Instructions
- Sputum for Cytology
- Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
- Stool Culture Collection Instructions
- Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
- Timed Urine Collection Instructions
- Urine Collection Instructions
Instructions in Karen:
Cortisol, Saliva Collection Instructions
Semen Analysis Collection Instructions
Sputum for Cytology
Stool Collection Instructions for Clostridium difficile, H. Pylori, Fecal Reducing Substances, and Fecal WBCs
Stool Culture Collection Instructions
Stool for O&P and/or Giardia, Cryptosporidium Collection Instructions
Timed Urine Collection Instructions
Urine Collection Instructions