HML UPDATE
For Our Valued HML Clients

fairview.org/labs

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Possible Weather Risk

HealthEast Medical Laboratory (HML) serves our clients by utilizing outreach phlebotomists to obtain blood specimens from patients.

This service operates 7 days a week, 18 hours a day. During that coverage time, it is possible that hazardous driving conditions may arise and decisions need to be made to protect the safety of our staff.

This is a notification that during Hazardous Driving Conditions, there may be a potential for limited services or cancellation of services. If services are cancelled due to hazardous weather, a member of the HML team will contact your facility.

Please support our ability to provide services by ensuring access to cleared and/or salted parking and walk-ways.

Norovirus Group I and II Collection Instructions

Please review collection instructions for Norovirus. The Cary-Blair Transport Media may be ordered via the HealthEast Medical Laboratory On-line Ordering System.

Panel Name: Norovirus Group I and II Detection by RT-PCR

Panel Code: LAB2076

Collection Requirements: Cary-Blair Transport Media

Shipping/Handling Instructions:

SUBMIT: 3 mL of stool in Cary-Blair Transport Media REFRIGERATED.

UNACCEPTABLE: Samples received in sterile containers greater than 2 hours from collection. Preserved stool not received at performing laboratory within 48 hours of collection. Samples collected on patients hospitalized for greater than 3 days without prior consultation with Infectious Diseases Diagnostic Laboratory.

NOTE: Collect stool in clean, dry bedpan or onto newspaper placed over toilet seat. Those portions of stool containing blood, pus or mucus are especially significant. Immediately place specimen in Cary-Blair transport media and refrigerate. If specimen is collected in a sterile container, sample must be received in the lab and transferred to Cary-Blair Transport Media within 2 hours of collection.
Vitamin A (Retinol) Specimen Collection Instructions

Explanation: Review specimen collection instructions for Vitamin A (Retinol) testing. Specimen is not stable at room temperature. Separate serum or plasma within 1 hour of collection and freeze.

Panel Name: Vitamin A (Retinol), Serum or Plasma
Panel Code: LAB580, VTA
Collection Requirements: Red Top (Fasting)

Shipping/Handling Instructions:
SUBMIT: 1.0 mL serum FROZEN. Minimum volume 0.2 mL.
UNACCEPTABLE: Whole blood or body fluids other than serum or plasma. Ambient (room temperature) storage of specimen is unacceptable.

NOTE: Patient fasting 12 hours and abstain from alcohol for 24 hours prior to collection. Separate serum or plasma within 1 hour of collection and freeze. Specimen is stable refrigerated but cannot be left at room temperature.
Performing Locations: ARUP Laboratories

Pipette Calibrations

Due to low volume requests, HML will no longer be offering Pipette Calibrations to our clients effective January 1, 2019.

If you are need of a vendor to calibrate your pipettes, please contact:

JW Electronics
John Wilbur | jwwilbur@gmail.com
We apologize for any inconvenience.
Should you have questions or concerns please contact
- HML Customer Service 651-232-3500 Option #5-
Revision to Laboratory Reimbursement Policy

Effective January 1, 2019: Medica to revise reimbursement policy (This applies to Medica leased-network providers as well as direct-contracted providers.) Medica will soon update the reimbursement policy indicated below, effective on or after January 1, 2019, dates of service. Such policies define when specific services are reimbursable based on the reported codes.

Laboratory services beginning January 1, 2019, only reference laboratories reporting laboratory services appended with a modifier 90 will be eligible for reimbursement. Non-reference laboratory physicians or other health care professionals that report laboratory services with modifier 90 will no longer be reimbursed for these services. This enhancement to the Laboratory Services reimbursement policy aligns with the Centers for Medicare and Medicaid Services (CMS) guidelines that only allow reimbursement of laboratory services to the reference laboratory for the referred laboratory services. Physicians or other health care professionals who own lab equipment and perform laboratory testing will continue to be eligible for reimbursement, as modifier 90 would not be appended to the procedure code for the clinic laboratory service. Reference laboratories may refer to another laboratory and will continue to be reimbursed when the reported laboratory services are appended with modifier 90.

This policy will not affect provider reimbursement related to claims for Medica Health Plan Solutions members in all service areas or claims for Medica commercial and individual and family business (IFB) members seeing providers in Minnesota, North Dakota, South Dakota and Wisconsin. This revised policy will be available online or on hard copy: View Medica’s reimbursement policies as of January 1; or Call the Medica Provider Literature Request Line for printed copies of documents.


For more information, call 1-800-458-5512 or visit medica.com.

Provider Orders/Faxing Nurse Collect Test Requisitions

Long-term Care and Assisted Living Facilities
It is not necessary to fax test requisitions to the Lab for nurse collected specimens, urinalysis, cultures, etc. Please include them, with the specimen, when sending by courier to the Lab.

Some clarification on provider orders. Written provider orders cannot be sent in place of an HML requisition. All draw requests must be initiated by a completed HML test requisition.

It is not necessary to include the written provider order when faxing in future day, routine, draw requests.

Assisted Living Facilities Only: Written provider orders are needed for all STAT draw requests that are to be performed the same day. In these cases, a Customer Service Rep will inform you and provide a specific number to fax the provider orders to.
### Venous Lead Testing Requires Certified Metal Free Tubes

Effective 11/12/18 venous drawn specimens for Lead testing that are sent in non-certified metal-free tubes, will be cancelled and will require the patient to be redrawn in the correct tube.

**Panel Name:** Lead  
**Panel Code:** PB (LAB98)

Submit: 1 mL whole blood REFRIGERATED. Acceptable vacutainer tubes include Navy-Blue Top-EDTA or Tan Top-(Lead only)-EDTA for all VENOUS drawn specimens. Minimum volume is 0.5 mL for venous draws. Lavender-EDTA MICROTAINER tube is acceptable for CAPILLARY fingerstick only.

**Unacceptable:** Specimens collected in tubes other than Navy-Blue Top-EDTA or Tan Top-EDTA on venous draws. Specimens collected in tubes other than Lavender Microtainer on capillary draws. Serum, heparinized or clotted specimens.

**Note:** Venous drawn specimens will be referred to ARUP Laboratories for testing.

Acceptable vacutainer tubes for VENOUS drawn specimens can be ordered on the online HML supply request form - https://www.fairview.org/labs

Click on HealthEast Medical Laboratory / Forms and Tools / Online Supply Request form  
• Please allow 5 to 7 business days plus delivery time to receive your order.

### Consultant’s Corner

**Welcome Toni!**

Hello, I am Toni Holweger. I recently joined the Technical Consultant team at HML. I attended the University of North Dakota, Grand Forks where I received my degree in Medical Technology. I did my internship at HCMC and continued to work there for 11 years. I worked on the night shift, and then on day shift in Microbiology and Blood Bank. Then I had the chance to work in the Technical Consultant office at HCMC where I gained experience in working with clients and people outside of the lab, problem solving and Point of Care testing. I moved on to Allina where I was a Technical Consultant for almost 13 years. I started with HML on November 5, 2018. Since then I have been to more than 20 different locations. I enjoy being a consultant so that I can visit a new place every day, see different people, and discover new challenges regularly. It is rewarding to be able to help our clients do well on their CLIA and COLA inspections, to be able to help solve their problems, and to help ensure patients are getting good quality lab results in a timely fashion.

I am excited to see how great M Health Fairview can be in the future, with so many great minds coming together.

Outside of work, I have 2 teenage daughters, ages 18 and 16. My oldest just started college at UND. My younger daughter is a junior in high school. It is rewarding at home to help them develop life skills so they will someday become responsible adults.
Good Bye Tension! Hello Pension!

Eat, Drink and Party with JoAnn Nickles as we Celebrate her Retirement

Location: Gulden’s Restaurant and Bar, Party Room
2999 Maplewood Drive Hwy 61 Maplewood MN 55109

Date: Tuesday, February 12, 2019

Time: 4:30 p.m. – 7:30 p.m.

Menu:
Baked Herb Chicken / Slow Roasted Beef Brisket
Mashed Potatoes w/Gravy
Hot Veggie
Sage Dressing
Dinner Roll w/butter
Mixed Greens Salad
Creamy Coleslaw

$23.00 / per person

Cash Bar Available

R.S.V.P. by February 5, 2019
Send check by snail mail or interoffice mail made out to Debbie Rudesill: 1690 University Ave Ste 255 St. Paul MN 55104
Ordering supplies from HML via the on-line supply request form:

Go to  https://www.fairview.org/labs

Please allow 5 to 7 business days plus delivery time to receive your order. We are not able to accommodate urgent supply requests. If you are in need of stat or urgent supplies, please make alternate plans.

Click on - “For HealthEast Medical Laboratory, Click here”

Scroll down and click on “Forms and Tools” on the right hand side of the page under “Laboratory Services”
Choose and click "Online Supply request form"

This opens the on-line supply request form. Complete the required information fields and select the supplies from the list. If the item that you are requesting is not listed, you may type the item in the "Additional Comments" field. Please keep in mind that the additional comment field has a limited number of characters, so keep these as brief as possible.
When all items have been checked or typed in, click the “Submit Request” button located at the bottom of the page.

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>Euvob Regular (White Cap)</td>
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<td>Need Bulb</td>
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<td>Panstrom</td>
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<tr>
<td>A.C.T. Tube</td>
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<tr>
<td>Blood Culture Vials</td>
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<td>Adult (Purple and Blue)</td>
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<tr>
<td>Pediatric (Pink)</td>
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<tr>
<td>Myco (Hagad)</td>
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<tr>
<td>Specimen Transport Bags</td>
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<td>Large Courier Transport</td>
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<tr>
<td>Yellow Biohazard Bags</td>
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</table>

A confirmation email will be sent to the email provided in the required information field. If you have not received a confirmation email – the order was not placed and HML DID NOT RECEIVE.

*(typically if you did not receive an email confirmation and email address was incorrect)*

HML Client Services 651-232-3500 Opt. 5