

January 2019

Specimen Collection Instructions

Vitamin A (Retinol) testing

Explanation: Review specimen collection instructions for Vitamin A (Retinol) testing. Specimen is not stable at room temperature. Separate serum or plasma within 1 hour of collection and freeze.

Panel Name: Vitamin A (Retinol), Serum or Plasma

Panel Code: LAB580, VTA

Collection Requirements: Red Top (Fasting)

Shipping/Handling Instructions:

SUBMIT: 1.0 mL serum FROZEN. Minimum volume 0.2 mL.

UNACCEPTABLE: Whole blood or body fluids other than serum or plasma. Ambient (room temperature) storage of specimen is unacceptable.

NOTE: Patient fasting 12 hours and abstain from alcohol for 24 hours prior to collection. Separate serum or plasma within 1 hour of collection and freeze. Specimen is stable refrigerated but cannot be left at room temperature.

Performing Locations: ARUP Laboratories

Please contact Client Services for further assistance:

HML 651-232-3500 | FDL 612-273-7838