You deliver an exceptional birth experience

You help families welcome their newest members

When Anne and Wesley Larson welcomed their son into the world at Fairview Southdale Hospital last spring, it wasn’t just a monumental night for their family—it was also the start of a new chapter for the hospital. With the birth of their son, Will, the Larson family became the first to deliver in Fairview Southdale’s newly renovated labor and delivery rooms. Now, thanks to the generosity of donors like you, families like the Larsons are benefitting from state-of-the-art facilities and outstanding family-centered care.

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Why I give

A gift celebrating wonderful care

After two years of coaching track and more than four decades of working track and field meets for Princeton Public Schools, Roger Gale knows a thing or two about champions. But Roger’s biggest champion wasn’t the fastest runner. Instead, Roger recently decided to make a gift honoring a different kind of champion—his doctor.

Roger’s Champion of Care is his doctor, Steven Johnson, MD, of Fairview Northland Medical Center. Dr. Johnson took Roger under his care after Roger’s doctor of 30 years, Michael Zurich, MD, retired last year.

“Dr. Johnson gladly took me on,” Roger says. “I’ve noticed what personal attention he gives, and I trust him.”

Roger’s relationship with Fairview Northland and its staff spans decades, and he credits the hospital with saving his life on more than one occasion.

Back in 2000, Roger, who also works as an elementary teacher, was in his classroom on a typical weekday morning when he started having severe stomach pains. His school principal drove him to Fairview Northland, and within two hours he was in surgery for an emergency appendix removal. When he awoke, a team of doctors was there to greet him and make sure he was alright.

“I thought my care team did a wonderful job of helping me through that crisis,” Roger says. “I felt very well attended to and I felt that Fairview really was concerned about me.”

Last August, Roger had another health scare when he was walking around the nearby Sherburne National Wildlife Refuge and suddenly the left side of his body became paralyzed. He called an ambulance and again was transported to Fairview Northland, where doctors discovered he had a pinched nerve.

“When I think about how they might’ve saved my life at least two times…it just means an awful lot,” Roger says. “It’s like a family. The care that I was given was fantastic. I’ll probably make a gift every year as long as I can.”

► Fairview’s Champions of Care program allows patients to recognize an exceptional caregiver by making a tax-deductible donation in his or her honor. Honor your Champion of Care at fairview.org/champion

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Nanette Marsh is a life-changer. That’s according to Paul Montgomery, who says the exceptional care provided by Nanette, manager of Ebenezer DayBreak Hastings and the program’s adult day center, made his difficult role in managing his father’s declining health easier.

“She could not have been more gracious, patient and understanding in attending to my father, which was and remains no simple task,” says Paul, whose father has Alzheimer’s disease.

“My father’s terrible journey in darkness only deepens,” Paul says. “For over two years, Ms. Marsh brought him much-needed light.”

“Ms. Marsh will always hold a special place in my heart. She went above and beyond—way above and beyond—tending to my father. But this is how she is. With all. Always.”

You make services like this possible.
To help older adults make their lives more independent, healthful, meaningful and secure, visit fairviewebenezer.org/giving

Bringing life into the world might be Dr. Beth Eckhardt’s favorite part of her job. As an OB GYN, she’s delivered countless babies in the last 14 years.

Dr. Eckhardt’s generosity has also come full circle. For years, she has supported Heart of the Healer, a Fairview wellness retreat that helps caregivers renew their sense of purpose and deepen their resolve to provide excellent care in challenging times.

Having attended the retreat herself, Dr. Eckhardt knows the profound ways it can help fellow caregivers.

“When I first went, I was trying to figure out what I wanted to do with my life,” Dr. Eckhardt says. “I had a horrible work-life balance. The retreat helped me scale back my role and really focus in on what was important to me.”

Dr. Eckhardt’s gifts for Heart of the Healer, and the gifts of donors like her, help cover most of the cost of the retreats, giving all Fairview caregivers the chance to benefit. More than 400 have attended the retreats to date.

“The retreat really brought clarity to me,” says Dr. Eckhardt. “I think all caregivers should get the chance to go.”

You provide a beacon of hope
Thanks to you, residents living with Alzheimer’s benefit from Ebenezer memory care programs and knowledgable staff

Dr. Beth Eckhardt found renewed energy through Heart of the Healer, a Fairview wellness retreat.

To join Dr. Eckhardt in supporting caregivers, patients and communities, visit fairview.org/giving and make a secure, tax-deductible gift today

Supporting continued excellence
One doctor’s gifts help others keep giving
Enhanced care settings

When Megan Fraboni became pregnant with her second child, she was adamant—she wanted to deliver at the same place she had given birth to her first son, Jasper.

However, when she went into labor, her intended hospital was full and her midwife recommended that she and her husband consider Fairview Southdale.

Upon arriving at the hospital, Megan was welcomed by The Birthplace’s caring staff, who had already made accommodations in her room to suit her birthing plan.

“They had the birthing pool running and ready to go when I got there,” says Megan. “The environment felt so warm; there was less hustle and bustle.”

The hydrotherapy birthing pool that Megan used was a new feature—part of a series of upgrades and renovations made to labor and delivery rooms in 2015.

A few hours later, Megan gave birth to beautiful baby boy Ezra weighing in at 7 pounds 7 ounces. The supportive and welcoming care she received throughout her delivery made the new mother of two into a convert. “I am now a Fairview Southdale advocate,” she says.

Offering a destination birth experience

The Birthplace at Fairview Southdale is undergoing a complete renovation that brings new features to updated rooms, including larger showers, in-room refrigerators, larger TVs with DVD players and sofas for families and visitors. Five rooms have been renovated so far, with plans to begin construction on five more this spring.

“The goal is to offer our patients a destination birth experience,” says Dar Spiegelberg, nursing director at Fairview Southdale. “We want to provide them with the birth experience that works best for them, whether it be hydrotherapy or birthing alternatives.”

Your giving makes it possible

Community support and Fairview’s commitment to excellence are making the renovation possible. Securing philanthropic support for the project is important. As new donors come forward and additional funds become available, plans include adding three more operative suites, a family lounge, a nursing communication station, a post-anesthesia care unit and more.

With all of the renovations, the aim is to create a space that optimizes comfort, well-being and convenience for patients and families. Everything from the couches to the color scheme was chosen with Fairview Southdale’s laboring women and their families in mind.

“When a woman is working in active labor, having an environment that’s calm and not distracting allows her to focus on doing the job that she’s there to do, which is labor and birth her baby,” says Deb Stealy, certified nurse midwife. “I think it’s just an overall sense of well-being and when patients come into the room there’s just a sense of feeling nurtured and care for.”

To learn more about the Birthplace project your giving is making possible, visit fairview.org/giving